

Navigate Your Career Journey With Career GRIT!

Welcome to the Seniors' Career Info Toolkit! Whether you are looking for financial stability, flexible work options, or thinking about returning to work, we are here to help. We want to support you every step of the way, helping you be more confident in your career journey.



I Would Like to Work, Where Can I Find Jobs?

Don't worry. Singapore is creating workplaces that are friendly for seniors.

I Took a Break and Want to Return to the Workforce Now

Ready to return to work after a break? We are here to support your successful return to the workforce.



I want to Stay Engaged and Have a Fulfilling Retirement

Discover new opportunities for learning and find fulfilling part-time or flexible jobs that match your interests.



WE ARE HERE TO SUPPORT YOU!



Jobs

Whether you want to attend career events, search for jobs online, or get support through specialised career programmes, we offer options tailored to your needs.



Career GRIT's Career Events

An initiative by Workforce Singapore, Career GRIT offers virtual and on-site events that connect you with hiring employers for job opportunities.

Find events at **go.gov.sg/careergrit-seniors**

MyCareersFuture

A job portal that connects you to potential employers in Singapore, utilising job-matching technology that aligns with your skills and experience.

Browse and apply for jobs now at **go.gov.sg/mcf-seniors**

Career Guidance



Whether you are returning to work or looking for new opportunities, our Career Guidance Team is here to help.



Careers Connect On-The-Go

These mobile events bring career guidance to various locations across Singapore, offering convenient support to help you plan your career more effectively.

Find out more at **go.gov.sg/ccotg-seniors**

Polaris

Polaris offers personalised career guidance for employed jobseekers, helping you make informed career choices and create a Career Development Plan. It is a useful programme for seniors who are employed, but want to explore their options as they approach retirement or are looking for new job opportunities.

Sign up at go.gov.sg/polarisseniors

Careers Connect

If you need help with resume writing, preparing for interviews after a long break, or learning how to search for jobs, speak to our Career Coaches for one-on-one support.





Upskill and Reskill

Today, learning new skills can help you stay engaged, find new opportunities, and make the most of your time. There are many hassle-free and effective ways for you to continue learning and growing.



Career GRIT's Learning On-The-Go

You can access bite-sized lessons, podcasts, articles, and videos anytime and anywhere, offering helpful tips and strategies to enhance your career skills and stay updated on the latest trends.

Find out more at **qo.qov.sq/lotq-seniors**

Career GRIT's Seminars and Workshops

If you are considering returning to work, workshops and seminars can provide you with useful strategies for job searching, networking, and advancing your career, while also providing practical advice and networking opportunities.

Find out more at **go.gov.sg/seminars-seniors**

SkillsFuture Credits

Use SkillsFuture Credits to offset the costs of approved training courses and gain new skills for rejoining the workforce. They cover a wide range of courses, enabling you to upskill based on your needs and interests.

Find out more at **go.gov.sg/skillsfuturecredits-seniors**

Get More Support



Centre for Seniors

The Centre for Seniors offers valuable help for senior jobseekers, providing resources, guidance, and job matching services. Whether you need advice, training, or help finding job opportunities, the Centre for Seniors is here to assist you every step of the way.

Find out more at **go.gov.sg/cfs-seniors**

NTUC's e2i

NTUC's e2i helps jobseekers find the right job by offering skills upgrading and job-matching services. Their aim is to connect you with opportunities and support your career growth.

Find out more at **go.gov.sg/e2i-seniors**

Useful Tips for Job Search

Finding a job after 50 does not have to be challenging with the right approach. Here are five simple tips to help you discover new job opportunities.



1. Tap On Your Network

Reach out to former colleagues and friends – not every job opening is posted on job search platforms! Personal recommendations can boost your chance of landing your dream job.

2. Embrace Technology

Learn to use basic computer skills and online job sites. This will help you find job listings and apply easily.

3. Highlight Your Skills and Experience

Customise your resume and cover letter to focus on the skills and experiences that fit each specific job to highlight what makes you a great match for the role.

4. Keep Learning New Skills

In a volatile job market, it is essential to keep your skills up to date. Discover which skills you need to improve or learn to enhance your appeal to potential employers.

5. Stay Positive and Keep Going

Looking for a job can be tough, especially after a break or when facing age-related challenges. Stay positive, keep trying, and remember that every effort brings you closer to finding a job!

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